

**I. COURSE DESCRIPTION:**

- A. Department Information:  
Division: Social Science  
Department: Human Services  
Course ID: HUMSV 195A  
Course Title: Human Services: Intern Seminar I  
Units: 1  
Lecture: 1 hour  
Laboratory: None

DEPARTMENTAL ADVISORY; *Complete the minimum courses required for taking the Field Work Courses for any of the Human Services Department Certificates (excluding the Alcohol/Drug Studies Certificate).*

- B. Catalog Description: An introduction to applied strategies for crisis intervention, case analysis, and therapeutic interventions, and serves as a lecture-based foundation for student's work experience. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z).
- C. Schedule Description: An introduction to applied strategies for crisis intervention, case analysis, and therapeutic interventions and serves as a lecture-based foundation for student's work experience. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z).

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One**

**III. EXPECTED OUTCOMES FOR STUDENTS:**

Upon completion of the course the student should be able to:

- A. Identify the apply strategies of crisis intervention  
B. Describe the strategies used in case analysis.  
C. Discuss and use strategies for therapeutic interventions.

**IV. COURSE CONTENT:**

- A. Crisis Intervention: An Overview  
B. Definitions and Processes  
C. Ethical and Professional Issues  
D. Types of Crises  
1. Developmental  
2. Relationship  
3. AIDS/HIV  
4. Substance abuse  
5. PTSD  
6. Other  
E. Strategies of Crisis Intervention  
F. Strategies in Case Analysis  
G. Therapeutic Interventions  
1. Review of approaches  
2. Assessment  
3. Choosing most effective approach  
H. Analysis of Outcome

**V. METHODS OF INSTRUCTION:**

- A. Lecture
- B. Class Discussion
- C. Guest Speakers
- D. Relevant Video Tapes

**VI. TYPICAL ASSIGNMENTS:**

- A. Create a scenario of a person in crisis and role-play for the class.
- B. Evaluate a role-play done by another student.
- C. Write up a case analysis using the format presented in class.
- D. Read and do a report on a book related to techniques in the helping field.

**VII. EVALUATION(S):**

- A. Methods of Evaluation: Must include at least one evaluated written assignment.
  - 1. Objective or essay examinations
  - 2. Presentations
  - 3. Term paper
- B. Frequency of Evaluation:
  - 1. One mid-term examination
  - 2. One final examination
  - 3. Weekly written assignments
  - 4. Term paper at end of semester
- C. Typical Exam Questions

**VIII. TYPICAL TEXT(S):**

Varies with instructors but will include current references.

**IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None**